

### 1.3.1.1 PROFESSIONAL INFORMATION FOR MEDICINES FOR HUMAN USE

#### SCHEDULING STATUS

**S4**

#### 1. NAME OF THE MEDICINE

**ASPEN PRAVASTATIN 10 mg** tablets

**ASPEN PRAVASTATIN 20 mg** tablets

**ASPEN PRAVASTATIN 40 mg** tablets

#### 2. QUALITATIVE AND QUANTITATIVE COMPOSITION

Each tablet of ASPEN PRAVASTATIN 10 mg contains 10 mg of pravastatin sodium.

Contains sugar: Lactose monohydrate 51,25 mg

Each tablet of ASPEN PRAVASTATIN 20 mg contains 20 mg of pravastatin sodium.

Contains sugar: Lactose monohydrate 102,50 mg

Each tablet of ASPEN PRAVASTATIN 40 mg contains 40 mg of pravastatin sodium.

Contains sugar: Lactose monohydrate 205 mg

For full list of excipients, see section 6.1.

#### 3. PHARMACEUTICAL FORM

Tablets

ASPEN PRAVASTATIN 10 mg is a white to off-white, capsule shaped, biconvex tablet

with “PR10” on one side.

ASPEN PRAVASTATIN 20 mg is a white to off-white, capsule shaped, biconvex tablet with “PR20” on one side.

ASPEN PRAVASTATIN 40 mg is a white to off-white, capsule shaped, biconvex tablet with “PR40” on one side.

## **4. CLINICAL PARTICULARS**

### **4.1. Therapeutic indications**

#### **HYPERCHOLESTEROLAEMIA**

ASPEN PRAVASTATIN is indicated, in combination with diet, to decrease elevated serum total cholesterol and LDL-cholesterol in patients with:

- Primary hypercholesterolaemia,
- heterozygous familial hypercholesterolaemia, or
- mixed hyperlipidaemia,

when response to diet or other non-pharmacological measures alone are not adequate.

#### **CORONARY HEART DISEASE (PREVENTION)**

ASPEN PRAVASTATIN is indicated in patients with coronary heart disease and hypercholesterolaemia unresponsive to diet, to:

- Reduce the risk of total mortality, by reducing coronary death,
- reduce the risk of non-fatal myocardial infarction,
- reduce the risk of undergoing myocardial revascularisation procedures (coronary artery bypass grafting and percutaneous transluminal coronary angioplasty) and
- slow the progression of coronary atherosclerosis.

## **4.2. Posology and method of administration**

### **Posology**

The patient must follow a cholesterol-lowering diet before initiation of, and while on ASPEN PRAVASTATIN therapy.

#### *Adults*

### **HYPERCHOLESTEROLAEMIA**

Initial dose: 10 mg daily as a single dose in the evening.

The dose of ASPEN PRAVASTATIN should be reduced if LDL-cholesterol levels fall below 1,94 mmol/l or total plasma cholesterol levels fall below 3,6 mmol/l.

### **CORONARY HEART DISEASE**

Initial dose: 20 mg/day as a single dose in the evening.

### ***Dosage Adjustments***

If required, the dose should be adjusted at intervals of not less than 4 weeks, up to a maximum of 80 mg daily as a single dose in the evening.

ASPEN PRAVASTATIN can be taken with meals or on an empty stomach.

### **Special populations**

#### **DOSAGE IN RENAL INSUFFICIENCY**

ASPEN PRAVASTATIN does not undergo significant renal excretion, therefore modification of dose should not be necessary in patients with mild to moderate renal insufficiency.

In patients with severe renal insufficiency ASPEN PRAVASTATIN therapy should be

closely monitored and doses above 10 mg/day should be implemented with caution.

### **CONCOMITANT THERAPY**

ASPEN PRAVASTATIN is effective alone or in combination with bile acid sequestrants.

When both medicines are prescribed, ASPEN PRAVASTATIN should be given 1 hour before or 4 hours after cholestyramine administration (see section 4.5).

A maximum daily dose of 10 mg ASPEN PRAVASTATIN is recommended in patients taking cyclosporin, fibrates or niacin concomitantly (see section 4.5).

### **Paediatric population**

Use in paediatric patients is not recommended, as safety and efficacy have not been established.

### **Method of administration**

For oral administration.

ASPEN PRAVASTATIN can be taken as a single dose in the evening.

### **4.3. Contraindications**

ASPEN PRAVASTATIN is contraindicated in:

- Patients with hypersensitivity to pravastatin sodium or to any excipients in ASPEN PRAVASTATIN (see section 6.1).
- Hypersensitivity to other HMG-CoA reductase inhibitors.
- Acute or chronic liver disease.
- Unexplained persistent elevations of serum transaminases.

- Pregnancy and lactation (see section 4.6).
- Porphyria: Safety has not been established.

#### **4.4. Special warnings and precautions for use**

Pravastatin has not been evaluated in patients with homozygous familial hypercholesterolaemia.

Therapy is not suitable when hypercholesterolaemia is due to elevated HDL-cholesterol.

As for other HMG-CoA reductase inhibitors, combination of pravastatin with fibrates is not recommended.

ASPEN PRAVASTATIN should be used with caution in patients who:

- Consume substantial amounts of alcohol and/or who have a history of liver disease.
- May be predisposed to developing renal failure secondary to rhabdomyolysis such as in those with severe acute infection, hypotension, severe metabolic, endocrine or electrolyte disorders, uncontrolled seizures, major surgery or trauma. There is an increased risk of developing renal failure if rhabdomyolysis occurs.
- Have severe renal impairment.

#### **Hepatic Effects**

Liver function tests, including serum transaminase determinations, are recommended prior to initiation of ASPEN PRAVASTATIN therapy and periodically until one year after the last elevation in dose.

ASPEN PRAVASTATIN should be discontinued if the rise in transaminase levels is persistent and/or increases to three times or more the Upper Limit of Normal (ULN).

There have been rare post-marketing reports of fatal and non-fatal hepatic failure in patients taking statins, including pravastatin. If serious liver injury with clinical symptoms and/or hyperbilirubinaemia or jaundice occurs during treatment with pravastatin, treatment should be discontinued. If an alternate aetiology is not found, do not restart pravastatin. As with other lipid-lowering medicines, moderate increases in liver transaminase levels have been observed. In the majority of cases, liver transaminase levels have returned to their baseline value without the need for treatment discontinuation. Special attention should be given to patients who develop increased transaminase levels and therapy should be discontinued if increases in alanine aminotransferase (ALT) and aspartate aminotransferase (AST) exceed three times the upper limit of normal and persist.

## **Myopathy**

### **Reducing the risk of myopathy:**

#### *General measures:*

Patients starting therapy with ASPEN PRAVASTATIN should be advised of the risk of myopathy and should report, promptly, unexplained muscle pain, tenderness or weakness. A creatine kinase (CK) level above 10 times the Upper Limit of Normal (ULN) in a patient, with unexplained symptoms, indicates myopathy. ASPEN PRAVASTATIN should be discontinued if myopathy is diagnosed or suspected.

The benefits and risks of using ASPEN PRAVASTATIN concomitantly with immunosuppressants, fibrates or lipid-lowering doses of niacin should be carefully considered. Concomitant administration with ciclosporin, itraconazole, ketoconazole, erythromycin, clarithromycin, HIV-protease inhibitors and nefazodone is not recommended.

In patients receiving ciclosporin ASPEN PRAVASTATIN should be temporarily discontinued if systemic azole derivative-antifungal therapy is required.

As with other HMG-CoA reductase inhibitors (statins), pravastatin has been associated with the onset of myalgia, myopathy and very rarely, rhabdomyolysis. Myopathy must be considered in any patient under ASPEN PRAVASTATIN therapy presenting with unexplained muscle symptoms, such as pain or tenderness, muscle weakness, or muscle cramps. In such cases, creatine kinase (CK) levels should be measured.

ASPEN PRAVASTATIN therapy should be temporarily interrupted when CK levels are  $> 5$  x ULN or when there are severe clinical symptoms. Very rarely (in about 1 case over 100,000 patient-years), rhabdomyolysis occurs, with or without secondary renal insufficiency. Rhabdomyolysis is an acute potentially fatal condition of skeletal muscle which may develop at any time during treatment and is characterised by massive muscle destruction associated with major increase in CK (usually  $> 30$  or  $40$  x ULN) leading to myoglobinuria.

The risk of myopathy with statins appears to be exposure-dependent and therefore may vary with individual medicinal products (due to lipophilicity and pharmacokinetic differences), including their dose and potential for drug interactions. Although there is no muscular contraindication to the prescription of a statin, certain predisposing factors may increase the risk of muscular toxicity and therefore justify a careful evaluation of the benefit/risk and special clinical monitoring. CK measurement is indicated before starting ASPEN PRAVASTATIN therapy in these patients.

There have been very rare reports of an immune-mediated necrotising myopathy (IMNM) during or after treatment with some statins. IMNM is clinically characterised by persistent proximal muscle weakness and elevated serum creatine kinase, which persist despite discontinuation of statin treatment.

The risk and severity of muscular disorders during ASPEN PRAVASTATIN therapy is increased by the co-administration of interacting medicines. The use of fibrates alone is occasionally associated with myopathy. The combined use of a statin and fibrates should generally be avoided. The co-administration of statins and nicotinic acid should be used with caution. An increase in the incidence of myopathy has also been described in patients receiving other statins in combination with inhibitors of cytochrome P450 metabolism. This may result from pharmacokinetic interactions that have not been documented for pravastatin. When associated with ASPEN PRAVASTATIN therapy, muscle symptoms usually resolve following discontinuation of ASPEN PRAVASTATIN therapy.

ASPEN PRAVASTATIN must not be co-administered with systemic formulations of fusidic acid or within 7 days of stopping fusidic acid treatment. In patients where the use of systemic fusidic acid is considered essential, statin treatment should be discontinued throughout the duration of fusidic acid treatment. There have been reports of rhabdomyolysis (including some fatalities) in patients receiving fusidic acid and statins in combination. The patient should be advised to seek medical advice immediately if they experience any symptoms of muscle weakness, pain or tenderness.

ASPEN PRAVASTATIN therapy may be re-introduced seven days after the last dose of fusidic acid.

In exceptional circumstances, where prolonged systemic fusidic acid is needed, e.g., for the treatment of severe infections, the need for co-administration of pravastatin and fusidic acid should only be considered on a case by case basis and under close medical supervision.

Cases of myopathy, including rhabdomyolysis, have been reported with pravastatin co-administered with colchicine, and caution should be exercised when prescribing pravastatin with colchicine (see section 4.5).

*Creatine kinase measurement and interpretation:*

Routine monitoring of creatine kinase (CK) or other muscle enzyme levels is not recommended in asymptomatic patients on statin therapy. However, measurement of CK is recommended before starting statin therapy in patients with special predisposing factors, and in patients developing muscular symptoms during statin therapy, as described below. If CK levels are significantly elevated at baseline ( $> 5 \times \text{ULN}$ ), CK levels should be re-measured about 5 to 7 days later to confirm the results. When measured, CK levels should be interpreted in the context of other potential factors that can cause transient muscle damage, such as strenuous exercise or muscle trauma.

*Before treatment initiation*

Caution should be used in patients with predisposing factors such as renal impairment, hypothyroidism, previous history of muscular toxicity with a statin or fibrate, personal or familial history of hereditary muscular disorders, or alcohol abuse. In these cases, CK levels should be measured prior to initiation of therapy. CK measurement should also be considered before starting treatment in persons over 70 years of age especially in the presence of other predisposing factors in this population. If CK levels are significantly elevated ( $> 5 \times \text{ULN}$ ) at baseline, treatment should not be started, and the results should be re-measured after 5 - 7 days. The baseline CK levels may also be useful as a reference in the event of a later increase during statin therapy.

*During treatment*

Patients should be advised to report promptly unexplained muscle pain, tenderness, weakness or cramps. In these cases, CK levels should be measured. If a markedly elevated ( $> 5 \times \text{ULN}$ ) CK level is detected, statin therapy must be interrupted. Treatment discontinuation should also be considered if the muscular symptoms are severe and cause

daily discomfort, even if the CK increase remains  $\leq 5 \times$  ULN. If symptoms resolve and CK levels return to normal, then reintroduction of statin therapy may be considered at the lowest dose and with close monitoring. If a hereditary muscular disease is suspected in such patients, restarting ASPEN PRAVASTATIN therapy is not recommended.

#### *Interstitial lung disease*

Cases of interstitial lung disease have been reported with some statins, especially with long-term therapy (see sections 4.4 and 4.8). Presenting features can include dyspnoea, non-productive cough and deterioration in general health (fatigue, weight loss and fever). If it is suspected a patient has developed interstitial lung disease, ASPEN PRAVASTATIN therapy should be discontinued.

#### *Diabetes mellitus*

Some evidence suggests that statins as a class raise blood glucose and, in some patients, at high risk of future diabetes, may produce a level of hyperglycaemia where formal diabetes care is appropriate.

Patients at risk (fasting glucose 5,6 to 6,9 mmol/l, BMI > 30 kg/m<sup>2</sup>, raised triglycerides, hypertension) should be monitored both clinically and biochemically according to national guidelines.

#### **Paediatric population**

Use in paediatric patients is not recommended, as safety and efficacy have not been established.

### *Excipients*

#### *Lactose warning:*

ASPEN PRAVASTATIN contains lactose which may have an effect on the glycaemic control of patients with diabetes mellitus.

Patients with the rare hereditary conditions of galactose intolerance e.g. galactosaemia, total lactase deficiency, glucose-galactose malabsorption or fructose intolerance should not take ASPEN PRAVASTATIN.

## **4.5. Interaction with other medicines and other forms of interaction**

### *Myopathy caused by medicine interactions:*

Concomitant administration of medicines that inhibit cytochrome P450 isoenzyme CYP3A4 may result in high plasma levels of ASPEN PRAVASTATIN, thus increasing the risk of myopathy, and is not recommended.

Medicines that inhibit cytochrome P450 isoenzyme CYP3A4 include: cyclosporin, itraconazole, ketoconazole, erythromycin, clarithromycin, HIV-protease inhibitors and nefazodone.

This risk of myopathy is increased when other medicines that cause myopathy, such as fibrates and niacin, are given with ASPEN PRAVASTATIN. A maximum dose of 10 mg ASPEN PRAVASTATIN daily is recommended in patients taking cyclosporin, fibrates or lipid lowering doses of niacin (nicotinic acid).

The use of fibrates alone is occasionally associated with myopathy. An increased risk of muscle related adverse events, including rhabdomyolysis, have been reported when fibrates are co-administered with other statins. These adverse events with pravastatin

cannot be excluded; therefore the combined use of pravastatin and fibrates (e.g. gemfibrozil, fenofibrate) should generally be avoided. If this combination is considered necessary, careful clinical and CK monitoring of patients on such regimen is required.

*Measures to reduce the risk of myopathy caused by medicine interactions:*

The benefits and risks of using ASPEN PRAVASTATIN concomitantly with immunosuppressants, fibrates or lipid-lowering doses of niacin should be carefully considered, and the dose of ASPEN PRAVASTATIN should generally not exceed 10 mg/day.

*Ciclosporin*

Concomitant administration of pravastatin and ciclosporin leads to an approximately 4-fold increase in pravastatin systemic exposure. In some patients, however, the increase in pravastatin exposure may be larger.

In patients receiving ciclosporin, ASPEN PRAVASTATIN should be temporarily discontinued if systemic azole derivative-antifungal therapy is required.

*Fusidic acid:*

The risk of myopathy including rhabdomyolysis may be increased by the concomitant administration of systemic fusidic acid with statins. The mechanism of this interaction (whether it is pharmacodynamic or pharmacokinetic, or both) is yet unknown. There have been reports of rhabdomyolysis (including some fatalities) in patients receiving this combination.

If treatment with systemic fusidic acid is necessary, pravastatin treatment should be discontinued throughout the duration of the fusidic acid treatment.

### *Colchicine*

Due to the increased risk of myopathy/rhabdomyolysis, clinical and biological monitoring is advised, especially when starting co-administration with pravastatin, as in ASPEN PRAVASTATIN, and colchicine.

### *Rifampicin:*

In an interaction study where pravastatin was given together with rifampicin, a nearby 3-fold increase in pravastatin AUC and C<sub>max</sub> was observed. Therefore, caution should be exercised when combining pravastatin, as in ASPEN PRAVASTATIN, to rifampicin if both are given at the same time. No interaction would be expected if their dosing is made at least two hours apart.

### *Lenalidomide:*

There is an increased risk of rhabdomyolysis when statins are combined with lenalidomide. Clinical and biological monitoring is warranted notably during the first weeks of treatment.

### *Digoxin:*

ASPEN PRAVASTATIN may cause increases in digoxin levels.

### *Coumarin-derivatives (e.g. Warfarin):*

A possible increase in the anticoagulant effect of the coumarin anticoagulants may occur. Patients taking coumarin anticoagulants should have their INR determined before starting ASPEN PRAVASTATIN therapy. The INR should be monitored frequently enough in the

early stages of therapy until stabilised. Once a stable INR has been documented, INR can be monitored at the intervals usually recommended for patients on coumarin anticoagulants. When there is a dose adjustment of ASPEN PRAVASTATIN, this procedure should be repeated.

*Bile acid sequestrants:*

Concomitant administration resulted in approximately 40 to 50 % decrease in the bioavailability of pravastatin. There was no clinically significant decrease in bioavailability or therapeutic effect when pravastatin was administered one hour before or four hours after cholestyramine or one hour before colestipol.

ASPEN PRAVASTATIN should, therefore, be taken 1 hour before or 4 hours after cholestyramine. Concurrent use may decrease the bioavailability of ASPEN PRAVASTATIN.

#### **4.6. Fertility, pregnancy and lactation**

##### **Pregnancy**

ASPEN PRAVASTATIN is contraindicated during pregnancy.

The active metabolite of ASPEN PRAVASTATIN is foetotoxic and teratogenic in rats and it should therefore not be used in female patients of child-bearing potential.

Special caution is recommended in females of childbearing potential to ensure proper understanding of the potential risk associated with ASPEN PRAVASTATIN during pregnancy. If a patient plans to become pregnant or becomes pregnant, the doctor has to be informed immediately and ASPEN PRAVASTATIN should be discontinued because of the potential risk to the foetus.

## Breastfeeding

Mothers should not breastfeed their baby while taking ASPEN PRAVASTATIN.

A small amount of ASPEN PRAVASTATIN is excreted in human breast milk, therefore ASPEN PRAVASTATIN is contraindicated during breastfeeding (see section 4.3).

## 4.7. Effects on ability to drive and use machines

Since adverse events such as dizziness and visual disturbances have been reported in patients taking ASPEN PRAVASTATIN patients should not drive, use machinery or perform any tasks that require concentration, until they are certain that ASPEN PRAVASTATIN does not adversely affect their ability to do so.

ASPEN PRAVASTATIN has a minor influence on the ability to drive or operate machinery.

## 4.8. Undesirable effects

a) *Tabulated list of adverse reactions*

System organ class	Frequent	Less frequent	Frequency unknown (cannot be estimated from the available data)
<b>Blood and the lymphatic system disorders</b>		Anaemia, neutropenia, thrombocytopenia, increased erythrocyte sedimentation rate	
<b>Immune system disorders</b>		Hypersensitivity reactions anaphylaxis, angioedema, lupus erythematous-like syndrome, malaise, urticaria, photosensitivity, fever, flushing, dyspnoea, toxic epidermal necrolysis	
<b>Endocrine disorders</b>			Diabetes mellitus, hyperglycaemia

<b>Metabolism and nutrition disorders</b>			Mass gain has been reported
<b>Psychiatric disorders</b>		Depression	
<b>Nervous system disorders</b>	Headache, dizziness, paraesthesia, peripheral neuropathy	Insomnia, reversible cognitive impairment	Myasthenia gravis, sleep disturbance insomnia
<b>Eye disorders</b>		Vision disturbance (including blurred vision and diplopia)	Ocular myasthenia
<b>Vascular disorders</b>			Vasculitis
<b>Respiratory, thoracic and mediastinal disorders</b>			Interstitial lung disease
<b>Gastrointestinal disorders</b>		Constipation, diarrhoea, nausea, vomiting, flatulence, dyspepsia, abdominal pain, cramps and pancreatitis	
<b>Hepatobiliary disorders</b>		Jaundice, hepatitis, fulminant hepatic necrosis	Fatal and non-fatal hepatic failure, reversible increases in serum-transaminase concentrations
<b>Skin and subcutaneous tissue disorders</b>	Skin rash, alopecia	Pruritus, urticaria photosensitivity reaction	Rash including - lichenoid rash, dermatomyositis
<b>Musculoskeletal and connective tissue disorders</b>	Myalgia, muscle cramps	Myopathy, myositis, rhabdomyolysis presenting as muscle pain with elevated creatine phosphokinase and myoglobinuria leading to renal failure, polymyalgia, polymyalgia rheumatic	
<b>Renal and urinary disorders</b>		Abnormal urination (including dysuria, frequency, nocturia), acute renal failure	
<b>Reproductive system and breast disorders</b>		Sexual dysfunction	
<b>General disorders and administrative site conditions</b>	Fatigue		

The following adverse events have been reported with statins:

- Nightmares.
- Memory loss.
- Depression.
- Interstitial lung disease, especially with long term therapy.
- Diabetes mellitus.

*b) Description of selected adverse reactions*

**LABORATORY TEST FINDINGS:**

Marked and persistent increases of serum transaminases and elevated alkaline phosphatase and gamma-glutamyl transpeptidase have been reported. Liver function test abnormalities have generally been mild and transient. Increases in serum creatine kinase (CK) levels, derived from skeletal muscle, have been reported (see section 4.4).

*Reporting of suspected adverse reactions*

Reporting suspected adverse reactions after authorisation of the medicine is important. It allows continued monitoring of the benefit/risk balance of the medicine. Health care providers are requested to report any suspected adverse drug reactions to SAHPRA via the Med Safety APP (Medsafety X SAHPRA) and eReporting platform ([who-umc.org](http://who-umc.org)) found on SAHPRA website.

**Aspen Pharmacare:**

**E-mail:** [Drugsafety@aspenpharma.com](mailto:Drugsafety@aspenpharma.com)

**Tel:** 0800 118 088/+27 (0)11 239-6200

## **4.9. Overdose**

### **Symptoms**

See section 4.8 and section 4.4.

## **Treatment**

General measures should be adopted, and liver function should be monitored.

Treatment is symptomatic and supportive.

## **5. PHARMACOLOGICAL PROPERTIES**

### **5.1. Pharmacodynamic properties**

Category and Class: A 7.5 Serum cholesterol reducers

Pharmacotherapeutic group: HMG-CoA reductase inhibitors

ATC code: C10AA03

#### *Mechanism of action*

Pravastatin is a cholesterol-lowering agent derived synthetically from a fermentation product of *Aspergillus terreus*. After oral ingestion, pravastatin, an inactive lactone, is hydrolysed to the corresponding beta-hydroxyacid, the active form. This is a principal metabolite and an inhibitor of 3-hydroxy-3-methylglutaryl-coenzyme A (HMG-CoA) reductase, the enzyme that catalyses the conversion of HMG-CoA to mevalonate, an early and rate-limiting step in the biosynthesis of cholesterol. As a result, pravastatin reduces total plasma cholesterol, low-density lipoprotein (LDL)- and very low-density lipoprotein (VLDL)- cholesterol concentrations. Apolipoprotein B is also decreased. In addition, pravastatin moderately increases high-density lipoprotein (HDL)- cholesterol and variably reduces plasma triglycerides.

### **5.2. Pharmacokinetic properties**

#### **Absorption**

There is an extensive first-pass extraction by the liver, with oral bioavailability of the active

medicine or metabolites being less than 5 %. More than 95 % of pravastatin and its beta-hydroxy metabolite are bound to plasma proteins. Following an oral dose, peak plasma concentrations of pravastatin are seen in 1 to 2 hours.

### **Distribution**

Under steady state conditions small amounts of the parent drug and its metabolites produced in the liver can be found in the systemic circulation.

In the plasma, pravastatin and its metabolites, which are only 50 % bound to plasma proteins.

### **Biotransformation**

Following an oral dose, peak plasma concentrations of pravastatin are seen in 1 to 4 hours. The t<sub>1/2</sub> of the parent compounds are 1 - 4 hours. Due to extensive first-pass hepatic uptake, systemic bioavailability of the pravastatin and their hepatic metabolites varies between 5 % and 30 % of administered doses. Inhibition by other medicines of OATP1B1, which transports several statins into hepatocytes, and inhibition or induction of CYP3A4 by a variety of pharmacological medicines provide rationales for drug-drug interactions involving pravastatin.

### **Elimination**

Pravastatin is excreted primarily via the liver and less than 13 % of its metabolites are excreted in the urine.

## **6. PHARMACEUTICAL PARTICULARS**

### **6.1. List of excipients**

ASPEN PRAVASTATIN 10 mg tablet:

*Excipients:*

Croscarmellose sodium, lactose monohydrate, magnesium aluminium silicate, magnesium stearate, microcrystalline cellulose, povidone, talc

Contains sugar: Lactose monohydrate 51,25 mg

ASPEN PRAVASTATIN 20 mg tablet:

*Excipients:*

Croscarmellose sodium, lactose monohydrate, magnesium aluminium silicate, magnesium stearate, microcrystalline cellulose, povidone, talc

Contains sugar: Lactose monohydrate 102,50 mg

ASPEN PRAVASTATIN 40 mg tablet:

*Excipients:*

Croscarmellose sodium, lactose monohydrate, magnesium aluminium silicate, magnesium stearate, microcrystalline cellulose, povidone, talc

Contains sugar: Lactose monohydrate 205 mg

## **6.2. Incompatibilities**

Not applicable

## **6.3. Shelf life**

24 months

#### **6.4. Special precautions for storage**

Store at or below 25 °C.

Protect from light and moisture.

Keep in original packaging until required for use.

#### **6.5. Nature and contents of container**

ASPEN PRAVASTATIN 10 mg:

30 tablets are packed in foil on foil blister strips consisting of an aluminium foil lined with polyvinyl chloride/polyamide/aluminium on the top and backed with plain aluminium foil.

There are 10 tablets per blister strip and 3 blister strips are packed into an outer cardboard carton together with a leaflet.

ASPEN PRAVASTATIN 20 mg:

30 tablets are packed in foil on foil blister strips consisting of an aluminium foil lined with polyvinyl chloride/polyamide/aluminium on the top and backed with plain aluminium foil.

There are 10 tablets per blister strip and 3 blister strips are packed into an outer cardboard carton together with a leaflet.

ASPEN PRAVASTATIN 40 mg:

30 tablets are packed in foil on foil blister strips consisting of an aluminium foil lined with polyvinyl chloride/polyamide/aluminium on the top and backed with plain aluminium foil.

There are 6 tablets per blister strip and 5 blister strips are packed into an outer cardboard carton together with a leaflet.

Not all packs and pack sizes may be marketed.

#### **6.6. Special precautions for disposal and other handling**

No special requirements.

## **7. HOLDER OF CERTIFICATE OF REGISTRATION**

PHARMACARE LIMITED

Healthcare Park

Woodlands Drive

Woodmead 2191

## **8. REGISTRATION NUMBERS**

ASPEN PRAVASTATIN 10 mg: 38/7.5/0123

ASPEN PRAVASTATIN 20 mg: 38/7.5/0139

ASPEN PRAVASTATIN 40 mg: 38/7.5/0140

## **9. DATE OF FIRST AUTHORISATION**

23 September 2005

## **10. DATE OF REVISION OF TEXT**

05 May 2024

Die Afrikaanse Professionele Inligting is op versoek beskikbaar.

Mediese Blitslyn: 0800 118 088.

Namibia: NS2	
10 mg	05/7.1/0493
20 mg	05/7.1/0491
40 mg	05/7.1/0489

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