

PACKAGE INSERT

SCHEDULING STATUS

S 5

1. NAME OF THE MEDICINE

Suprane® Liquid

2. QUALITATIVE AND QUANTITATIVE COMPOSITION

Each bottle contains 240 ml desflurane.

3. PHARMACEUTICAL FORM

Clear, colourless, volatile liquid.

4. CLINICAL PARTICULARS

4.1 Therapeutic indications

As an inhalation agent for the induction and maintenance of anaesthesia for inpatient and outpatient surgery in adults and for the maintenance of anaesthesia in intubated infants and children. SUPRANE is not recommended for induction of anaesthesia in paediatric patients.

4.2 Posology and method of administration

Posology

The minimum alveolar concentration (MAC) of SUPRANE decreases with increasing patient age. The dose of SUPRANE should be adjusted accordingly. The MAC has been determined as listed in Table 1 below.

**Table 1: MAC for SUPRANE according to patient age and inhalation mixture
(Mean ± SD)**

Age	N*	100 % Oxygen	N*	60 % Nitrous Oxide / 40 % Oxygen
2 weeks	6	9,2 ± 0,0	-	-
10 weeks	5	9,4 ± 0,4	-	-
9 months	4	10,0 ± 0,7	5	7,5 ± 0,8
2 years	3	9,1 ± 0,6	-	-
3 years	-	-	5	6,4 ± 0,4
4 years	4	8,6 ± 0,6	-	-
7 years	5	8,1 ± 0,6	-	-
25 years	4	7,3 ± 0,0	4	4,0 ± 0,3
45 years	4	6,0 ± 0,3	6	2,8 ± 0,6
70 years	6	5,17 ± 0,6	6	1,67 ± 0,4

* N = number of crossover pairs (using up-and-down method of quantal response).

In patients with coronary artery disease, maintenance of normal haemodynamics is important to avoid myocardial ischaemia. SUPRANE should not be used as the sole agent for anaesthetic induction in patients at risk of coronary artery disease or in patients where increases in heart rate or blood pressure are undesirable. It should be used with other medications, preferably intravenous opioids and hypnotics.

Effects on Concomitant Therapy:

Opioids or benzodiazepines decrease the amounts of SUPRANE required to produce anaesthesia. SUPRANE decreases the doses of neuromuscular blocking agents (see section 4.5). If added relaxation is required, supplemental doses of muscle relaxants may be used.

Premedication:

Issues such as whether or not to premedicate and the choice of premedicant(s) must be individualised. In clinical trials, patients scheduled to be anaesthetised with SUPRANE frequently received IV pre-anaesthetic medicine, such as opioids and/or benzodiazepines.

Induction of Anaesthesia in Adults:

In adults a starting concentration of 3 % is recommended, increasing in 0,5 - 1,0 % increments every 2 to 3 breaths. Inspired concentrations of 4 - 11 % SUPRANE produce surgical anaesthesia in 2 - 4 minutes. Higher concentrations up to 15 % may be used. Such concentrations of SUPRANE will proportionately dilute the concentration of oxygen and commencing administration of oxygen should be 30 % or above. During induction in adults, the overall incidence of oxyhaemoglobin desaturation ($SpO_2 < 90\%$) occurred in 6 % (see section 4.8). High concentrations of SUPRANE may induce upper airway adverse events. After induction in adults with an intravenous medicine such as thiopental or propofol, SUPRANE can be started at approximately 0,5 - 1 MAC, whether the carrier gas is oxygen or nitrous oxide/oxygen.

In patients with intracranial conditions SUPRANE should be administered at 0,8 MAC or less, and in conjunction with a barbiturate induction and hyperventilation (hypocapnia) until cerebral decompression in patients with known or suspected increases in CSFP. Appropriate attention must be paid to maintain cerebral perfusion pressure. (see section 4.4).

Maintenance of Anaesthesia in Adults:

Surgical levels of anaesthesia may be sustained with a 2 - 6 % concentration of SUPRANE when nitrous oxide is used concomitantly. SUPRANE at 2,5 - 8,5 % may be required when administered using oxygen or oxygen enriched air.

Paediatric population

Induction of Anaesthesia in Children:

SUPRANE is not indicated for use as an inhalation induction agent in children and infants because of the high incidence of laryngospasm, increase in secretions, breath holding, apnoea and coughing.

Maintenance of Anaesthesia in Children:

SUPRANE is indicated for maintenance anaesthesia in intubated infants and children.

In children, surgical levels of anaesthesia may be maintained with concentrations of 5,2 - 10 % SUPRANE with or without the concomitant use of nitrous oxide.

Although end-tidal concentrations of up to 18 % SUPRANE have been administered for short periods of time, if high concentrations of SUPRANE are used with nitrous oxide, it is important to ensure that the inspired mixture contains a minimum of 30 % oxygen.

Blood Pressure and Heart Rate During Maintenance:

Blood pressure and heart rate should be monitored carefully during maintenance as part of the evaluation of depth of anaesthesia.

Special populations

Dosage in Renal and Hepatic impairment:

Concentrations of 1 - 4 % SUPRANE in nitrous oxide/oxygen have been used in patients with chronic renal or hepatic impairment and during renal transplantation surgery.

Because of minimal metabolism, a need for dose adjustment in patients with renal and hepatic impairment is not to be expected.

Method of Administration

SUPRANE should only be administered by persons trained in the administration of general anaesthesia using a vaporizer specifically designed and designated for use with SUPRANE.

Vaporiser:

SUPRANE is administered by inhalation. It should be delivered from a vaporiser specifically designed and designated for use with SUPRANE.

Individualisation:

The administration of general anaesthesia must be individualised based on the patient's response.

4.3 Contraindications

SUPRANE is contraindicated in patients:

- in whom general anaesthesia is contraindicated
- with a known sensitivity to halogenated agents
- with a known or suspected genetic susceptibility to malignant hyperthermia
- with a history of confirmed hepatitis due to a halogenated inhalational anaesthetic or with a history of unexplained moderate to severe hepatic dysfunction (e.g., jaundice associated with fever and/or eosinophilia) after anaesthesia with a halogenated inhalation anaesthetic
- SUPRANE is contraindicated for use as an inhalation induction agent in paediatric patients because of the frequent occurrence of cough, breath holding, apnoea, laryngospasm and increased secretions

4.4 Special warnings and precaution for use

Warnings

Malignant Hyperthermia (MH):

In susceptible individuals, SUPRANE may trigger a skeletal muscle hypermetabolic state leading to high oxygen demand and the clinical syndrome known as malignant hyperthermia. The clinical syndrome is signalled by hypercapnia and may include muscle rigidity, tachycardia, tachypnea, cyanosis, dysrhythmias, and/or unstable blood pressure. Some of these non-specific signs may also appear during light anaesthesia, acute hypoxia, hypercapnia and hypovolemia. Treatment of malignant hyperthermia includes discontinuation of SUPRANE, administration of intravenous dantrolene sodium and application of supportive therapy. Renal failure may appear later and urine flow should be monitored and sustained if possible. SUPRANE should not be used in subjects known to be susceptible to MH. Fatal outcome of malignant hyperthermia has been reported with SUPRANE.

Perioperative Hyperkalaemia:

Use of SUPRANE, has been associated with increases in serum potassium levels that have resulted in cardiac dysrhythmias, some fatal, in patients during the postoperative period. Patients with latent as well as overt muscular dystrophies, particularly Duchenne muscular dystrophy, appear to be more vulnerable. Concomitant use of succinylcholine has been associated with most, but not all, of these cases. These patients also experienced significant elevations in serum creatinine kinase levels and, in some cases, changes in urine consistent with myoglobinuria. Despite the similarity in presentation to malignant hyperthermia, none of these patients exhibited signs or symptoms of muscle rigidity or hypermetabolic state. Early and aggressive intervention to treat the hyperkalaemia and resistant dysrhythmias is recommended, as is subsequent evaluation for latent neuromuscular disease.

Paediatric Inhalation Induction:

SUPRANE is not recommended for use as an inhalation induction agent in paediatric patients because of the frequent occurrence of cough, breath holding, apnoea, laryngospasm and increased secretions in children under 12 years.

Use in Children with Bronchial Hyperreactivity:

SUPRANE should be used with caution in children with asthma or a history of recent upper airway infection due to the potential for airway narrowing and increases in airway resistance.

Maintenance of Anaesthesia in Children:

Due to the limited data available in non-intubated paediatric patients, SUPRANE is not approved for maintenance of anaesthesia in non-intubated children. Caution should be exercised, should SUPRANE be used for maintenance anaesthesia with laryngeal mask airway (LMA) in children, in particular for children 6 years old or younger, because of the increased potential for adverse respiratory reactions, e.g. coughing and laryngospasm, especially with removal of the LMA under deep anaesthesia.

Obstetrics:

The safety of SUPRANE has not been established for use in obstetric procedures. SUPRANE is not recommended in obstetric operations. Desflurane is a uterine-relaxant and reduces the uterine-placental blood-flow (see section 4.6).

QT Prolongation:

QT prolongation, very rarely associated with torsade de pointes, has been reported (see Section 4.8). Caution should be exercised when administering SUPRANE to susceptible patients (e.g. patients with congenital Long QT Syndrome or patients taking medicines that can prolong the QT interval).

Precautions

SUPRANE can react with desiccated carbon dioxide (CO₂) absorbents to produce carbon monoxide which may result in elevated levels of carboxyhaemoglobin in some patients. Case reports suggest that barium hydroxide lime and soda lime become desiccated when fresh gases are passed through the CO₂ absorber canister at high flow rates over many hours or days. When a clinician suspects that CO₂ absorbent may be desiccated, it should be replaced before administration of SUPRANE.

In patients with coronary artery disease, maintenance of normal haemodynamics is important to avoid myocardial ischaemia. Marked increases in pulse rate, mean arterial pressure and levels of epinephrine (adrenaline) and norepinephrine (noradrenaline) are associated with a rapid increase in SUPRANE concentrations.

SUPRANE should not be used as the sole agent for anaesthetic induction in patients at risk of coronary artery disease or in patients where increases in heart rate or blood pressure are undesirable. It should be used with other medications, preferably intravenous opioids and hypnotics.

SUPRANE may produce a dose dependent increase in cerebrospinal fluid pressure (CSFP) when administered to patients with intra-cranial space occupying lesions. In such patients, SUPRANE should be administered at 0,8 MAC (minimum alveolar concentration) or less, and in conjunction with a barbiturate or propofol induction and hyperventilation (hypocapnia) until cerebral decompression in patients with known or suspected increase in CSFP. Appropriate attention must be paid to maintain cerebral perfusion pressure.

In hypovolaemic, hypotensive and debilitated patients a lower concentration is recommended.

With the use of halogenated anaesthetics such as SUPRANE, disruption of the liver function, jaundice and fatal liver necrosis have been reported. Such reactions appear to indicate hypersensitivity reactions to anaesthetics. SUPRANE may cause immune mediated hepatitis in patients who have been sensitised by previous exposure to halogenated anaesthetics. Cirrhosis, viral hepatitis or other pre-existing liver disease can be a reason to select an anaesthetic other than a halogenated anaesthetic such as SUPRANE.

During maintenance of anaesthesia, increases in heart rate and blood pressure occurring after rapid incremental increases in end-tidal concentration of SUPRANE may not reflect inadequate anaesthesia. The changes due to sympathetic activation resolve in approximately 4 minutes. Increases in heart rate and blood pressure occurring before or in the absence of a rapid increase in SUPRANE concentration may be interpreted as light anaesthesia. Hypotension and respiratory depression increase as anaesthesia is deepened.

Rapid emergence with SUPRANE should be taken into account in cases where post-anaesthesia pain is anticipated. Care should be taken that appropriate analgesia has been administered to the patient at the end of the procedure or early in the post-anaesthesia care unit stay.

Emergence from anaesthesia in children may evoke a brief state of agitation that may hinder cooperation.

Repeated anaesthesia within a short period of time should be approached with caution.

Facilities for maintenance of a patent airway, artificial ventilation, oxygen enrichment and circulatory resuscitation must be immediately available.

4.5 Interaction with other medicines and other forms of interaction

Commonly used muscle relaxants are potentiated by SUPRANE. Lower doses of SUPRANE are required in patients receiving opioids, benzodiazepines or other sedatives. These interactions are illustrated below.

Concentration of other gases

The MAC for SUPRANE is reduced by concomitant nitrous oxide administration, as illustrated in Table 1 above under section 4.2.

Muscle relaxants:

Muscle relaxants are potentiated by SUPRANE: Anaesthetic concentrations of SUPRANE at equilibrium reduce the ED₉₅ of succinylcholine by approximately 30 % and that of atracurium and pancuronium by approximately 50 % compared to N₂O/opioid anaesthesia.

The doses of pancuronium, atracurium, suxamethonium and vecuronium needed to produce 95 % (ED₉₅) depression in neuromuscular transmission at different concentrations of SUPRANE are given in Table 2. The ED₉₅ of vecuronium is 14 % lower with SUPRANE than isoflurane. Additionally, recovery from neuromuscular blockade is longer with SUPRANE than with isoflurane.

Table 2: Dosage (mg/kg) of muscle relaxant causing 95 % depression in neuromuscular transmission

SUPRANE Concentration	Pancuronium	Atracurium	Suxamethonium	Vecuronium

0,65 MAC/60 % N ₂ O/O ₂	0,026	0,133	*NA	*NA
1,25 MAC/60 % N ₂ O/O ₂	0,018	0,119	*NA	*NA
1,25 MAC/O ₂	0,022	0,120	0,360	0,019

*NA = not available

Pre-anaesthetic Medicines:

All commonly used pre-anaesthetic medicines will potentiate the pharmacodynamics effect of SUPRANE.

Sedatives:

Patients anaesthetised with different concentrations of SUPRANE who received increasing doses of fentanyl showed a marked reduction in the anaesthetic requirements or MAC. The administration of increasing doses of intravenous midazolam showed a small reduction in MAC. Results are reported in Table 3. It is anticipated that there will be a similar influence on MAC with other opioid and sedative medicines.

Table 3: Effect of Fentanyl or Midazolam on SUPRANE MAC

Medication	*MAC (%)	% MAC reduction
No Fentanyl	6,33 - 6,35	----
Fentanyl (3 microg/kg)	3,12 - 3,46	46 - 51
Fentanyl (6 microg/kg)	2,25 - 2,97	53 - 64
No Midazolam	5,85 - 6,86	----
Midazolam (25 microg/kg)	4,93	15,7
Midazolam (50 microg/kg)	4,88	16,6

* Includes values for ages 18-65 years

Beta Blockers:

Concomitant use of beta blockers may exaggerate the cardiovascular effects of inhalational anaesthetics, including hypotension and negative inotropic effects.

Monoamine Oxidase Inhibitors (MAO):

Concomitant use of MAO inhibitors and inhalational anaesthetics may increase the risk of hemodynamic instability during surgery or medical procedures.

4.6 Fertility, pregnancy and lactation

The safety in pregnancy and lactation has not been established.

SUPRANE is a uterine-relaxant and reduces the uterine-placental blood-flow and is not recommended for obstetric operations. (See section 4.4).

There are no adequate data from the use of SUPRANE in pregnant or lactating women. Patients should not breastfeed their babies until fully recovered from their anaesthesia.

4.7 Effects on ability to drive and use machines

Patients should be advised that the ability to perform tasks such as driving or operation of machinery may be impaired after general anaesthesia, and it is advisable to avoid such tasks for a period of 24 hours. The patients are advised not to drink alcohol and not to make any legally binding decisions for until 24 hours after the anaesthetics.

4.8 Undesirable effects

Side Effects from Clinical Trials:

Side effects reported in controlled clinical trials are shown in Tables 4 and 5. This is an all-patient pooled analysis. The studies were conducted using a variety of premedications, other anaesthetics and surgical procedures of varying length. The side effect frequency is based upon the following scale: Very Common ($\geq 1/10$); Common ($\geq 1/100 - < 1/10$), Uncommon ($\geq 1/1,000 - < 1/100$), Rare ($\geq 1/10,000 - < 1/1,000$), Very Rare ($< 1/10,000$).

Table 4: Clinical Trial Side Effects

Clinical Trial Side Effects		
System Organ Class (SOC)	Preferred MedDRA Term	Frequency
Induction		
PSYCHIATRIC DISORDERS	Breath holding	Common
RESPIRATORY, THORACIC, AND MEDIASTINAL DISORDERS	Apnoea	Common
	Laryngospasm	Common
	Hypoxia	Uncommon
	Cough	Very Common
GASTROINTESTINAL DISORDERS	Nausea	Very Common
	Vomiting	Very Common
	Salivary hypersecretion	Common

Table 5: Clinical Trial Side Effects

Clinical Trial Side Effects		
System Organ Class (SOC)	Preferred MedDRA Term	Frequency
Maintenance or Recovery		
INFECTIONS AND INFESTATIONS	Pharyngitis	Common
PSYCHIATRIC DISORDERS	Agitation	Uncommon
	Breath holding	Common

NERVOUS SYSTEM DISORDERS	Headache	Common
	Dizziness	Uncommon
EYE DISORDERS	Conjunctivitis	Common
CARDIAC DISORDERS	Nodal dysrhythmia	Common
	Bradycardia	Common
	Tachycardia	Common
	Hypertension	Common
	Myocardial infarction	Uncommon
	Myocardial ischaemia	Uncommon
VASCULAR DISORDERS	Dysrhythmia	Uncommon
	Vasodilation	Uncommon
RESPIRATORY, THORACIC, AND MEDIASTINAL DISORDERS	Apnoea	Common
	Cough	Common
	Hypoxia	Uncommon
GASTROINTESTINAL DISORDERS	Vomiting	Very Common
	Nausea	Very Common
	Salivary hypersecretion	Common
MUSCULOSKELETAL, CONNECTIVE TISSUE AND BONE DISORDERS	Myalgia	Uncommon
INVESTIGATIONS	Increased creatinine	Common
	phosphokinase	
	ECG abnormal	Common

Post-Marketing Side Effects:

In addition to the side effects noted in clinical trials, the following side effects have been reported in the post-marketing experience.

BLOOD AND LYMPHATIC SYSTEM DISORDERS: Coagulopathy.

METABOLISM AND NUTRITION DISORDERS: Hyperkalaemia, hypokalaemia, metabolic acidosis.

NERVOUS SYSTEM DISORDERS: Convulsion.

EYE DISORDERS: Ocular icterus.

CARDIAC DISORDERS: Cardiac arrest, torsade de pointes, ventricular failure, ventricular hypokinesia, atrial fibrillation.

VASCULAR DISORDERS: Malignant hypertension, haemorrhage, hypotension, shock.

RESPIRATORY, THORACIC AND MEDIASTINAL DISORDERS: Respiratory arrest, respiratory failure, respiratory distress, bronchospasm, haemoptysis.

GASTROINTESTINAL DISORDERS: Pancreatitis acute, abdominal pain.

HEPATOBIILIARY DISORDERS: Hepatic failure, hepatic necrosis, hepatitis, cytolytic hepatitis, cholestasis, jaundice, hepatic function abnormal, liver disorder.

SKIN AND SUBCUTANEOUS TISSUE DISORDER: Urticaria, erythema.

MUSCULOSKELETAL, CONNECTIVE TISSUE, AND BONE DISORDERS:
Rhabdomyolysis.

GENERAL DISORDERS AND ADMINISTRATION SITE CONDITIONS:

Hyperthermia malignant, asthenia, malaise.

INVESTIGATIONS: Electrocardiogram ST-T change, electrocardiogram T wave inversion, transaminases increased, alanine aminotransferase increased, aspartate aminotransferase increased, blood bilirubin increased, coagulation test abnormal, ammonia increased.

INJURY, POISONING, AND PROCEDURAL COMPLICATIONS: Agitation postoperative, dizziness*, migraine*, tachydysrhythmia*, palpitations*, eye burns*, blindness transient*, encephalopathy*, ulcerative keratitis*, ocular hyperaemia*, visual acuity reduced*, eye irritation*, eye pain*, fatigue*, accidental exposure*, skin burning sensation*, medicine administration error*.

* Reaction was due to accidental exposures to non-patients.

Other (Class) Reactions:

Other adverse reactions reported with similar products include:

CARDIAC DISORDERS: Electrocardiogram QT prolonged.

4.9 Overdose

The symptoms of overdosage of SUPRANE can present as a deepening of anaesthesia, cardiac and/or respiratory depression in spontaneously breathing patients and cardiac depression in ventilated patients in whom hypercapnia and hypoxia may occur only at a late stage.

In the event of overdosage or what may appear to be overdosage, the following actions should be taken: stop SUPRANE, establish a clear airway and initiate assisted or controlled ventilation with pure oxygen. Support and maintain adequate haemodynamics.

5 PHARMACOLOGICAL PROPERTIES

Pharmacological classification: A. 2.1 Anaesthetics

5.1 Pharmacodynamic properties

Desflurane is a halogenated methylethylether which is administered by inhalation. It produces a dose-related, reversible loss of consciousness, modification of autonomic reflexes and depression of respiration and the cardiovascular system. Desflurane is halogenated exclusively with fluorine. The low blood/gas partition coefficient of desflurane is 0,42. Changes in the clinical effects of desflurane rapidly follow changes in the inspired concentration.

Studies in pigs bred to be susceptible to malignant hyperthermia (MH) indicated that desflurane is a potential trigger for MH.

The pharmacological effect is proportional to the inspired concentration of desflurane. The main adverse effects are extensions of the pharmacological action.

5.2 Pharmacokinetic properties

Studies in man indicate that desflurane washes into the body rapidly. It also washes out of the body rapidly, allowing flexibility in adjustment of the depth of anaesthesia. Desflurane is eliminated via the lungs, undergoing only minimal metabolism (0,02 %).

6. PHARMACEUTICAL PARTICULARS

6.1 List of excipients

SUPRANE contains the active ingredient only and there are no inactive ingredients.

6.2 Incompatibilities

Not applicable.

6.3 Shelf life

36 months.

6.4 Special precautions for storage

Store at or below 30 °C.

Store in an upright position.

To avoid leakage apply bottle cap firmly to valve.

Keep in original container until immediately prior to use.

Keep out of reach of children.

6.5 Nature and contents of container

SUPRANE is supplied in either 250 ml amber coloured glass bottles or silver aluminium bottles containing 240 ml of liquid in single packs or in packs containing 6's.

6.6 Special precautions for disposal and other handling

Replace cap after use.

SUPRANE should only be administered by persons trained in the administration of anaesthesia, using a vaporizer specially designed and designated for use with SUPRANE.

7. HOLDER OF CERTIFICATE OF REGISTRATION:

Baxter Healthcare South Africa (Pty) Ltd

The Campus – Eden Gardens

57 Sloane Street & Cnr Main Rd

Bryanston

2021

8. REGISTRATION NUMBER

31/2.1/0417

9. DATE OF FIRST AUTHORISATION/RENEWAL OF THE AUTHORISATION

19 August 1997

10. DATE OF REVISION OF THE TEXT

20 March 2020

NAMIBIA: NS3

Reg. No.: 04/2.1/1765

BOTSWANA: S2

Reg. No.: BOT 0600893